

# PACE Homeschool

## March 2020 Newsletter

\*\*CLC open for  
Student Academic  
Support  
10am-12pm  
Mon-Fri

### Dates to Remember

- |   |   |
|---|---|
| March 1 <sup>st</sup>                         | Online Enrollment Opens   |
| March 6 <sup>th</sup>                         | MLC Closed, please call ALC (907) 677-0992  |
| March 9 <sup>th</sup> -11 <sup>th</sup>       | ALC Closed, please call MLC (907)373-9701   |
| March 9 <sup>th</sup>                         | Kodiak Swimming Event   |
| March 9 <sup>th</sup> -10 <sup>th</sup>       | Kimberly McMillan in Kodiak   |
| March 12 <sup>th</sup> -13 <sup>th</sup>      | KLC Closed, please call ALC (907) 677-0992  |
| March 13 <sup>th</sup>                        | Seed Starting Event @ MLC 1-4pm   |
| March 19 <sup>th</sup>                        | CLC Escape the Room Event 5-6pm   |
| March 20 <sup>th</sup>                        | ALC Closed, please call MLC (907)373-9701   |
| March 23 <sup>rd</sup>                        | ALC H2Oasis Activity 12-7pm   |
| March 23 <sup>rd</sup> -27 <sup>th</sup>      | CLC Closed, please call ALC (907) 677-0992  |
| March 27 <sup>th</sup>                        | Escape Room Ketchikan @ KLC 1-3pm   |
| March 30 <sup>th</sup>                        | End of Quarter & Monthly Reports Due  |
| March 30 <sup>th</sup> -April 2 <sup>nd</sup> | Jen in Wrangell for PEAKS Testing & LEGO Robotics Events                                |
| March 30 <sup>th</sup> -April 4 <sup>th</sup> | PEAKS Statewide Testing by appointment. Look for informational email on how to sign up. |



# **ENROLLMENT is now open for the 20/21 school year!**


**New Families: please click on MyPACE and sign in as a guest to get started.**

**Returning Families: please sign into your MyPACE account and click on the Reenroll button at the bottom of the screen.**

**Student Learning Plan (SLP) appointments will begin in April. Once you have completed the online enrollment we will call to set up your appointment.**

**If you have any questions, please feel free to call your local learning center or the Anchorage office at (907) 677-0992.**





## Teacher Tip of the Month by: Howie Daggs, CLC Teacher

### “Self-Care”

We are about two thirds of the way through the year now and usually at this stage we are all a little tired and really in the thick of the curriculum. I feel like we can sometimes get so wrapped up with everything going on that we forget to take care of ourselves. I think self-care is key to increasing our personal effectiveness.

I snooped around the internet looking for some great self-care tips for the homeschool parent and here is what I found:

- Be sure to get your sleep. This is easier said than done sometimes, but it really is key for mental wellness. Your brain cannot and will not operate at 100% without sleep.
- Be sure to take “Me” time. Whether it’s taking a little time after the kids went to bed or planning a learning activity that gives you some peace and quiet for a little while. A little peace and quiet or personal time can really help the mind and soul. Some silent sustained reading is a great activity to get some peace and quiet during the day and take a little break.
- Be sure not to take on too much. Sometimes we tend to put others needs before our own and say yes or volunteer for too much. Be sure to be realistic about what you volunteer for and don’t take on all that unnecessary stress.
- Build a network of support. Be sure to seek and maintain relationships with others that are willing to support you. Research has found this to be a key factor for mental health through tough times.

A lot of these are easier said than done and do take effort but are key to keeping ourselves happy and performing at our best for our kids. Sometimes we get so wrapped up in taking care of our kids that we really forget to take care of ourselves. Be sure to take care of yourself, it benefits everyone in you family.

# Happy Birthday to....

Wendie

Kimberly

Carlito

Isabella

Sky

Sophia

Astraea

Rufus

Blossom

Emily

Isaiah

Payton

Paylin

Liam

Jack

Lucy

Matthew

Brookelynn

Dillan



# Family Swim Day!

PACE invites you to bring your whole family to the homeschool swim day at H2Oasis. PACE will allow reimbursement for all family members to swim and have a \$4 meal option per person, even if your student is not signed up for PE!! Please see the information below.

Where: H2Oasis in Anchorage

Date: March 23<sup>rd</sup>

Time: 12pm-7pm

Prices: 3yrs-6<sup>th</sup> grade is \$10  
7<sup>th</sup> grade and up is \$13

Meal: PACE will reimburse for up to \$4 per person for food.

PACE teacher, Kimberly McMillan, will be there from 12pm-4pm to answer any questions you may have.

**\*\*This is a family event not a drop off time. A parent or guardian must attend.\*\***

**\*\*Please note when you put in your purchase request, to select the all button when asked which student, and in the description section write PACE sponsored family swim.\*\***

